

Heir to the Chrome

29th June 2019

Rules and Regulations



Entrants and Registration

1. All entrants must be over 18 years of age at the time of entry.
2. This competition is open to any gender.
3. Entrants are welcomed from anywhere in the United Kingdom, including, Scotland, Ireland and Wales.

Categories – Video Entry & Live Competition

Performer Category

Open to all pole dance/pole fitness students who have not and do not perform, teach or assist at classes.

You may not enter this category if you are able to Shoulder Mount or handspring.

3:00 minute routine (with 20 second buffer if needed) include basic spins, climbing, static holds. A basic inversion (crucifix), headstands, cross knee/cross ankle release is permitted in the beginner category. These are the only moves permitted where the head is below the hips. Flashes or cartwheels are allowed as long as the feet don't go behind the pole.

This is a dance/performance category, so the judges will be looking for a full routine and off the pole work.

NOTE: If your entry is deemed by the panel of judges to be too advanced for this category your video will be bumped into the Amateur category and judged alongside

Intermediate Category

Open to all pole dance/pole fitness students at intermediate level (i.e are unable to handspring and shoulder mount) who have not and do not perform, teach or assist at classes.

Disallowed moves: Handspring, air shoulder mount (shoulder mounts from the floor and reverse are allowed), ayesha with standard, twisty, elbow or cup grip, flag mounts, fonji.

3:00 minute routine (with 20 second buffer if needed) to include spins/combo spins, climbing, static holds, various mounts and dismounts, innovative combinations and inverts.

Advanced Category

Open to all pole dance/pole fitness students who have not and do not perform, teach or assist at classes.

No disallowed moves

3.30 minute routine (with 20 second buffer if needed) to include spins/combo spins, climbing, static holds, various mounts and dismounts, innovative combinations and inverts

Instructor Category

Open to those who are instructors. i.e. The Instructor category is open to pole dancers who are paid to instruct but have never been paid to perform pole dancing and have not worked as a professional pole dancer

No disallowed moves

4:00 minute routine (with 20 second buffer if needed) to include spins/combo spins, climbing, static holds, various mounts and dismounts, innovative combinations and inverts.

Doubles / Groups Category

3.30 minute routine (with 20 second buffer if needed). The Doubles/Groups category is for mixed polers of any ability and can include instructors & students. Doubles tricks are required along with choreography, spins and dance/performance.

Please do be aware of the limitations and weight issues when choreographing your routine. There will only be 2 people allowed per pole at any one time.

The criteria for the Doubles/Groups category is for choreography, spins, dance, combinations, lifts, pole mounts and doubles tricks & entertainment. PLEASE NOTE: NO PRIZES

Groups are limited to 14 people.

Video Entry

- All competitors need to complete the entry form honestly, signed and dated and return it with the application fee and video submission between 00:01 1st February 2019 and 23:39 31st March 2019. Late submissions will NOT be accepted unless prior permission is agreed.
- Past routines may be submitted as long as they are not older than 6 months from the date of recording at the time of submission.
- Entry form must be completed to the best of your ability filling in as many details as possible.
- Each video MUST be shot in ONE SINGLE take with NO fades, NO camera angle changes or other video trickery or processes. Each video must start BEFORE the routine begins and end AFTER the routine has finished.
- The entry form can be emailed with the video via a UNLISTED online link to: mitch@heirtothechrome.com, or sent via the entry form on the website www.heirtothechrome.co.uk
- An entry fee is required to be paid with each entry. The entry fee can be paid via the link on the website www.heirtothechrome.co.uk, via PayPal (transaction fee is applicable) or by bank transfer.
- Payment details: Account – Natwest Sort Code - 60-10-33 Account Number - 12444804
- PayPal: mitch@heirtothechrome.com
- Please state on your payment Your name and 'HTTC'

Live Competition

- We will have rigging supplied by X-Pole which will have 2 x 45mm X-Poles 3.2 meters high with a 2.2 meter gap in-between poles
- All competitors will be required to complete and sign a disclaimer on the day of the live competition and are responsible for their own safety and belongings.

Competitor Obligations

1. Competitors are strictly forbidden to discuss matters of judging with the judges before or during the competition.
2. Competitors must not converse with the audience during their performance.
3. Competitors must be aware that due to the nature of this event, there may be some delay issues or equipment issues that could possibly impinge the event and your live performance.
4. Competitors are prohibited to be under the influence of drugs or alcohol during the competition.
5. Competitors must stay in the competitor room/designated area for the duration of their own category only, as competitors are not allowed to see their category perform.
6. Competitors routines should not include any obscene behaviour; this includes, but is not limited to; sexual or overly seductive actions to oneself or the pole, spanking, grinding and gyrating, stroking and caressing of the body or pole in a provocative manner, removal of clothing or very obvious wardrobe malfunctions (we suggest that costumes are worn over underwear offering good coverage and that clothing tape is used if required). Use of such behaviour may result in the competitor being disqualified from the competition.
7. Grip aid can be used but must not be applied directly to the pole. All grip aids MUST be sanctioned by the Organisers on the day, some grip aids may not be allowed as they may impinge the quality of the pole. Please get in touch in advance if you are unsure of your grip aid. Dry Hands, Mighty Grip, Stickum POWDER, Gorilla Grip, iTac, Liquid Grip and Dew Point are all approved for use at the HTTC. Stickum SPRAY is the only banned substance for competitors.
8. The Competitor must not perform any tricks outside his/her capability or the capability of the entry level.
9. Competitors must comply with all Rules and Regulations for the duration of the competition and must co-operate with the Organisers at all times.
10. Points will be deducted if the Competitors routine exceeds or does not meet the time set for their entry level by more than 20 seconds.
11. The Competitor must behave in a professional manner. Each Competitor is representing themselves, their school the Pole Fitness Industry and HTTC, its organisers, sponsors and supporters.

Competitor Outfits

1. The competition is strictly no nudity.
2. Skirts must not fall up toward the chest whilst the Competitor is inverted.
3. Competitors should not wear any outfits that promote another businesses or display logos for other businesses.

4. Hot pants and shorts must be well-fitted and have adequate coverage with no gaps around the groin area.
5. No underwear should be on show.
6. It is the responsibility of the Competitor to ensure that their clothing remains in place during their performance.
7. No boots past the ankle are permitted. Footwear and clothing must not have metal studs or metal buckles that can damage the pole or the Competitor.
8. Heels are permitted.
9. Barefoot is permitted. But shoes must be worn at all times when not performing.
10. Male performers are allowed to be bare-chested during their performance.
11. If an outfit does not comply with these regulations the Organisers reserve the right to exclude the Competitor from the competition.
12. Should a dangerous or inappropriate wardrobe malfunction occur during a performance, the performance will be stopped and the competitor will be given the opportunity to correct the issue and come back to perform again at the end of the category should they wish.

Music

1. Competitors must notify the Organisers by email to mitch@heirtothechrome.com at least 1 month before the live competition to ensure that their music choice is logged. Organisers will not allow the same song to be used twice within the live competition. Should your music choice change, please ensure that you inform the Organisers urgently. You are permitted to change your song choice 1 time only. Should a song choice already be confirmed by another Competitor, a new song must be chosen.
2. The track should comply with the length of the entry level.
3. Music should be supplied by the Competitor in CD format and given to the Organiser on the day of the competition.
4. The CD should be clearly labelled with the Competitor name, entry level, song title and artist. It is recommended that 2 CDs be supplied in case of any technical difficulties during the day. The Competitor is responsible for ensuring their music is supplied in a format that will play on a standard music system.
5. Music can be mixed.
6. The use of prolific inappropriate wording or swearing is prohibited. Please contact the Organiser if you are unsure of your music choice.

Conditions of Filming and Photography

1. All filming and photography remain in property of the Organisers; upon signing this document the Entrant irrevocably agrees that the Organiser may use any footage for promotional or advertising purposes after the event.
2. Competitors have no right to compensation for photographs or footage taken during the competition.

Health and Safety

1. The pole will be cleaned and checked between performances. The Competitor may also check, clean or nominate someone else to check and/or clean the pole on their behalf before their performance.
2. Moisturisers or lotions must not be worn by the Competitor on the day of the Competition.
3. The Competitor must not perform any tricks outside his/her capability.
4. The Competitor is responsible for monitoring their own health before, during and after the Competition. The Competitor should not be on any medication that may impede their ability. Should the Competitor experience any symptoms of ill health or injury they should inform the Organisers immediately and not participate in the Competition.
5. Competitors must not be under the influence of drugs or alcohol at the event or been seen to be drinking alcohol before (or during) their performance and must remain sober for the presentation.
6. The Organisers are not liable for any injury or damage incurred from participation in the Competition, unless under an act of direct negligence of the Organisers.
7. Rules may change between now and the Competition; an up-to-date copy will be on the website and all Competitors will be informed of any changes.

Disqualification

1. A Competitor will be disqualified should they be in breach of any of the Rules and Regulations set by the Organisers.
2. The Organiser reserves the right to exclude a Competitor from the Competition before and during the Competition should any Rules and Regulations be broken.
3. The Competitor will be disqualified if any information supplied in connection with the Competition proves false or inaccurate.

Winner Information

1. The winners of each of the Competition categories will hold their titles for one year and are welcome to enter to defend their title the next year, should their ability level not change (ie it is not permitted to defend a title if the Dance category winner becomes an instructor, or the advanced winner becomes a National Champion).

2. The Organiser reserves the right to retract the title if the winner causes any damage to the Organisation/Organisers personally or their reputations, the reasons for this will be evidently stated on the website.
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